

CONSENT TO TREATMENT

Client Name _____ Date of Birth _____

Please review the following Life Management Associates (LMA) policies and disclosures before signing and dating the bottom of the form. All clients under the age of 18 must have a parent's or guardian's signed consent before assessment and treatment may begin.

Payment Policies

All copayments are due at the time of service and may be paid by cash or check made out to Life Management Associates. While we make every effort to determine health insurance coverage and gain authorization in advance of treatment, ultimately the client is responsible for payment for services in the event insurance does not pay.

Cancellation Policy

LMA requires at least 24 hours advance notice to cancel an appointment. Monday appointments must be cancelled by the previous Friday. Missed appointments and late cancellations will incur a charge of \$75 which is due before the next scheduled appointment.

Confidentiality

Life Management Associates staff members adhere to strict professional standards of confidentiality which are essential to developing trust. We do not disclose information about your treatment to any other party without written permission from you with the following exceptions:

1. diagnostic code, treatment type, and dates of treatment, or other information needed by insurance companies for payment for services provided;
2. in the case of imminent danger to yourself or another person, or concern about the welfare of a child or vulnerable adult, LMA clinicians are bound by law to try to prevent such harm or alert the relevant authority;
3. if a valid court order is issued for medical records, Life Management Associates staff are bound by law to comply with such requests.

Benefits and Risks of Therapy

While there are significant potential benefits associated with psychotherapy including improved ability to cope with difficult situations and solve problems, better personal relationships, new skills for behavior change, or increased understanding of self and others, it might also pose risks. Risks might include facing uncomfortable feelings; recalling painful memories; or feeling stress associated with change. The process of personal change can be quite varied and individual.

Evaluation of Our Services

LMA is committed to the delivery of quality care in an atmosphere of consideration and respect. LMA clinicians seek to establish a collaborative relationship with clients to develop an individual treatment plan, to set goals and to monitor the progress of treatment. We welcome your comments regarding our services and encourage any suggestions or concerns. These can be addressed directly with your therapist, the Director of LMA Dr. Steven Michelson, or our Practice Manager Gretchen Brommelhoff.

I have read and understand the above and agree to enter into treatment with a Life Management Associates therapist as indicated by my signature below. I understand I may revoke this agreement and end treatment at any time.

Signature

Today's Date

Relationship to Client